

# ABOUT US

TEAM BrickWell strives to provide support for the athletic goals of each member, regardless of age, sex, competitive or fitness levels. TEAM BrickWell seeks to promote healthy competition through the participation of triathlons, biathlons, cycling and distance running at the public level in the New York City and Long Island area, notably through group rides, runs and sponsorship of at least one road race per year.

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TEAM BRICKWELL  
P.O. BOX 650637  
FRESH MEADOWS, NY. 11365

“RUN WELL”



## 11TH ANNUAL *TEAM* *BRICKWELL* 5K RUN/WALK

KISSENA PARK  
FLUSHING, QUEENS

JUNE 13TH, 2010  
9:00 AM  
RAIN OR SHINE

A PORTION OF THE RACE PROCEEDS  
WILL BE DONATED TO



# RACE DAY INFORMATION

Kissena Park  
Flushing, Queens

## Entry Fees:

\$15.00 - Early Registration  
\$20.00 - Day of Race

## Online Registration:

[http://www.active.com/event\\_detail.cfm?event\\_id=1852151](http://www.active.com/event_detail.cfm?event_id=1852151)

(Active.com may charge you a service fee)

or

## Mail Entries to:

TEAM BrickWell  
P.O. Box 650637  
Fresh Meadows, N.Y. 11365

All early registration must be postmarked by  
June 10th.

## Day of Race Registration:

7:30 - 8:45

Children's Fun Run - Free

**Race Director:** Dominic Ortiz

Scoring posted at  
[www.teambrickwell.com](http://www.teambrickwell.com)

## Awards:

\*Top 3 male and female finishers overall  
\*Top 3 males and females in the following age groups: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

**Directions By Car:** Take the LIE East to the Kissena Blvd exit or LIE West to the Utopia Parkway Exit. Continue on the service road to 164th. Turn north onto 164th. (eastbound turn left, westbound turn right). Entrance to the park at the corner of 164th and Oak Ave.

**Directions By Subway/Bus:** Take the #7 train to Main Street. From Main St., take the Q65 bus to the corner of 164th and Oak Ave.

For the safety of all participants and to satisfy insurance requirements- no skates, baby strollers, baby joggers, headphones, rollerblades, bicycles or animals are permitted on course. Runners must follow Race Marshall's directions or risk disqualification. The course is subject to change due to weather conditions.

TEAM BRICKWELL 5K RUN/WALK- JUNE 13, 2010 - MAKE CHECKS PAYABLE TO TEAM BRICKWELL

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE ( ) \_\_\_\_\_ AGE (ON RACE DAY) \_\_\_\_\_ DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_

MALE \_\_\_\_\_ FEMALE \_\_\_\_\_ EMAIL \_\_\_\_\_

In consideration of your accepting this entry, I the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators hereby waive, release and hold harmless Dominic Ortiz, Team BrickWell, Queens County, Kissena Park, the NYC Parks Dept., the NYC Police Dept., all race sponsors and their agents, employees, representatives, successors and assigns, from any and all liabilities, claims, demands and causes of action whatsoever arising directly or indirectly from my participation in this event, even if any such liabilities, claims, demands and causes of action arise in whole or part out of the negligence of any of the above mentioned organizations or individuals. If signed by a parent, the parent agrees to waive, release and hold harmless the above mentioned organizations and individuals from any and all said liabilities, claims and causes of action which may be asserted on behalf of the entrants. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and that a licensed medical doctor has verified my physical condition. Further, I hereby grant permission to any and all of the above-mentioned organizations and individuals to use any photographs, videotapes, motion pictures, recording or any other record of this event and my participation in this event for any purpose whatsoever.

SIGNATURE (SIGNATURE OF PARENT IF UNDER 18)